





Subject: Life Skills

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Starting a new school	Rights- Diversity	Looking After Yourself	Preparation for Fire Quiz	Respect Yourself 	
8	Stereotypes	Friends and Family	Emergency Services	Healthy Life style	Respect Yourself 	
9	Careers	Looking after Yourself	Healthy Living	Relationships / Family	Respect Yourself 	
10	Preparing for Work Experience		Self Esteem		Respect Yourself 	
11	Personal Statements		Being the best you can be	Revision Techniques		